

# Here when you need it most.

Florida Blue's well-being partner, New Directions, offers support programs to members seeking care, including behavioral health online resources.

## www.ndbh.com

To access online services, select "For Members and Families." Select "Coordinated Behavioral Health" from the drop-down. Click "Access Resources" to connect to support programs. Click "Search for Providers" to find in-network behavioral health specialists (the Network/Plan is BCBS FL Network Blue (NWB)).





## Member Services 866-287-9569

- Mon- Fri 8AM -8PM EST
- Assist with benefits questions
- Screening tool aid to locate providers to meet members' needs

#### **Case Management**

 Supports care coordination and management for members discharging from an ER inpatient event or diagnosed with a complex behavioral health condition.

### **Behavioral Health Online Resouces**



- Screening and self-help tools
- Educational resources for
  - understanding a behavioral health diagnosis and treatment.

## Autism Treatment Helpline 877-563-9347

- Mon-Fri 8AM -5:30PM EST
- Autism Spectrum Disorder specialists assist parents navigating initial diagnosis requesting assistance coordinating Applied Behavioral Analysis Therapy for their child.

## Substance Use Disorder Hotline 877-326-2458

- 24/7
- Licensed clinician available to assist with questions about substance use disorder diagnosis or treatment
- Assist with coordinating care