



2024 St. Johns County Healthy Living Reimbursement Program Frequently Asked Questions (FAQ)

What should I upload as proof of purchase when completing the Request Form?

Proof of purchase or activity verifications can include but are not limited to, receipts, invoices, highlighted bank statements, etc. In addition, most gyms and fitness facilities can print monthly invoices showing dues and payments upon request.

What activities are eligible for reimbursement?

Under the 2024 Healthy Living Reimbursement Program, the following activities/items are approved:

- Gardening Supplies including garden kits, plants, seeds, pots, gloves, planters, shears, fertilizers
- Florida State Park Pass or National Park Pass
- Fitness Equipment including shoes (for any sport), treadmill, snowboard, skis, bicycle, tennis racket, golf clubs, yoga mat, helmet, skates, hula hoop; equipment for swimming, football, soccer, baseball, surfing
- Well-Being / Health / Fitness Magazine Subscription or Book
- Running / Walking / Biking or Similar Race Event including registration or tournament fees
- Gym Memberships
- Exercise / Fitness Classes / Active Sport Lessons including yoga, aerobics, Zumba, pilates, spin, martial arts, meditation, kickboxing, dance, nutritional or dietitian classes from wellness experts, weight management with coaching, JumpstartMD, karate, tae kwon do, music, art, archery, boxing, cricket, CrossFit, horseback riding, mental wellness classes, kayaking
- Exercise, Nutrition, Mental Wellness Mobile App Subscription
- Fitness Trackers including Apple iWatch, Fitbit, or similar wearable
- Personal Training Memberships
- Sessions with a Registered Dietitian or Personal Health Coach including nutrition counseling, meal planning services (but not food purchases), doula

Excluded Activities/Items:

- Health spa treatments
- Vitamins and supplements
- Medical appointments, services, supplies, tests, or equipment
- Exercise attire or sports attire (except fitness shoes)
- Sunglasses
- Physiotherapy and chiropractors including massage
- Headphones, AirPods, Bluetooth headsets
- Computer equipment, desks, computer chairs, headsets, and ergonomic equipment

Will this program continue?

The continuation of this offering will depend on participation, satisfaction, and the availability of funds.

What is the link to submit my request for reimbursement?

The Request Form is available [here](#) or by using the link: <https://survey.alchemer.com/s3/7653712/2024-SJC-BOCC-Healthy-Living-Reimbursement-Program-Request-Form>

I submitted my request form but didn't receive my email confirmation. What should I do?

Confirmation emails are delivered from noreply@alchemer.com. Sometimes, these emails are delivered to junk/spam, so be sure to check those folders. Failed email delivery also occurs when there is an error in the email address listed on the form, so be sure to double-check your entries.

I have questions about the program; whom should I contact?

Questions can be directed to BCC Wellness Representative at sjcwellness@sjcfl.us or stjohnswell@mbaileygroup.com.