



# FIND YOUR CONFIDENCE. FIND YOUR Y.

## SWIM LESSONS

As "America's swim instructor," the YMCA teaches children that water should be fun, not feared. By equipping kids with the tools they need to be confident in and around water, they'll be able to reap the health benefits of exercise, bond with family and friends and take pride in their new skills — safely.

Thanks to charitable contributions, the YMCA of Florida's First Coast is able to offer financial assistance to those who qualify.

### NEW SESSIONS

MARCH 2-23 Saturdays  
April 6-27 Saturdays  
April 29-May 2 Monday-Thursday

**10:00 AM or 5:30PM**

School Age 5-12 years old

**11:00AM or 4:45PM**

Preschool 3-5 years old

### Solomon Calhoun

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### FOR MORE INFORMATION

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REGISTER NOW!

