

About the Counselor in Training (CIT) Program

Do you like the outdoors? Have you ever wanted to be a day camp counselor? The Counselor-In-Training Program (CIT):

- An 8 week youth program for teens ages 13-16.
- Learn valuable job training and leadership skills
- Work side by side with Counselors of the Summer Camp Program.

General Description

The program runs in the summer Monday through Friday for ten hours. CIT applicants are not required to stay for the full ten hours but are required to stay for majority of the day. A mandatory training for all CIT applicants will be held Thursday, May 30, 2024 at the Solomon Calhoun Center from 8:00 a.m. - 12 p.m. At completion of this training, each CIT will be able to volunteer at their chosen Summer Camp location where he or she will receive one-on-one training and learn what it takes to become a day camp counselor.

The CIT Mission:

The St. Johns County Parks and Recreation Department, Counselor-In-Training program offers past campers educational and leadership experiences, preparing them to be the future leaders in our community. This program will teach our volunteers essential skills to be successful in a gratifying work environment.

The Cost:

The cost to participate in this program is a \$50 program fee. This activity fee allows the CIT to participate in all of the camp field trips, swimming events, and receive a shirt for the summer. The program fee and application are due no later than April 26, 2024, all applications are first come first serve and must be able to work at minimum 6 full weeks of camp (only taking 4-6 CIT's per site). You will be contacted if you are placed on a waiting list.

Dates:

The 2024 Summer Program will begin June 3, 2024 and will end July 26, 2024. All camps open at 7:30 a.m. and close at 5:30 p.m.

Welcome To SJC Parks & Recreation Department!

You have been selected for the St. Johns County Parks and Recreation Department Counselor-In-Training program because of your positive attitude and personal skills. This summer you will participate in a special leadership program designed to prepare you to be a camp counselor.

As you make friends with other CITs, you will quickly realize you are part of a special team whose members share a common bond – fond memories of past camp experiences and the desire to give something back to tomorrow's campers. We will do our very best to provide the necessary support and encouragement during your training experience.

This manual is designed to acquaint you with the procedures and policies of the CIT program. It also serves as a reference tool. You will be responsible for its contents. A hard copy will be available at camp. Should any material in this manual be unclear, direct your questions to the Lead Camp Counselor or the Youth Program Coordinator.

Counselor-In-Training Program

Purpose

The purpose of the CIT Program is to provide past campers opportunities to participate in leadership training designed to prepare them to be future counselors. Each CIT is assigned to a counselor and is expected to assist them with their daily list of activities.

CIT Rules

- CITs are older campers in a special leadership program.
- CITs are not allowed to leave the camp at any time unless accompanied by their parent or a Staff member.
- CITs may not discipline campers.
- CITs may not be alone with campers

Camp Dates & Times

Camp will run a total of eight (8) weeks beginning June 3, 2024 and ending on July 26, 2024. Camp opens at 7:30 a.m. and closes at 5:30 p.m.

Administrative Policies

Program Participation

CIT program participation is on a volunteer basis. We ask that you sign a commitment form that will outline the amount of hours you will be volunteering for on a daily and weekly basis.

Acceptance Requirements

Camp requires all CITs complete the commitment form and reference form provided. In addition, a program registration form is required. These forms should be mailed to the Recreation Department located at: 2175 Mizell Road, St. Augustine, Florida 32080 no later than April 26, 2024. You may not participate in the program without these documents.

Camp Policies

While the below policies are specific to CITs, they will also be held to the St. Johns County Parks and Recreation Department Employee Handbook.

Conduct Unbecoming of a CIT

Insubordination, gross misconduct, abusive actions toward other campers or CITs, neglect or absence from assigned responsibilities, inappropriate language or actions, damage or unauthorized use of camp facilities or property, theft, and violation or the law or camp rules will result in disciplinary action that may include dismissal from the program.

Alcohol, Illegal Drugs and Tobacco

Alcohol and illegal drugs may not be brought on camp property. Any violation of this rule will result in immediate dismissal from the program. Camp is a tobacco free environment. Tobacco products are not to be brought to camp.

Standards of Dress

A CIT's appearance effects camper perceptions, parent impressions, and camp's image.

- A CIT's appearance should be neat and properly groomed at all times
- Hair must be neat and clean and worn in a style conducive to camp's image. Men's facial hair must be kept neat and trimmed.
- Clothing worn must be tasteful and reflect the positive image of camp. Clothing which contains logos or
 inferences about alcohol, drugs, or messages of a violent or sexual nature is not allowed. Swimsuits may be
 stylish but not extreme. We highly recommend one piece swimsuits for female CITs and swimming trunks
 for male CITs. All CITs must wear shoes outdoors and jeans in activities where campers are required to
 wear the same.
- Other than earrings, no jewelry requiring body piercing will be visible at any time on camp property.
- Tattoos deemed inappropriate or distracting will be kept covered at all times.
- All decisions concerning appropriate standards of dress are at the discretion of the Lead Counselor at the site.

Personal Possessions

You are asked to not bring MP3 players, or any hand held games while at camp. Cell phones may only be used during scheduled off time and only where campers cannot see or hear. Personal vehicles must be parked in assigned areas. The vehicle and its contents are subject to all rules and policies of camp. Personal sporting equipment should be stored away from the campers. Pets are not permitted at camp. Camp assumes no responsibility for personal property lost, stolen, or destroyed.

Time On Camp

You may not leave camp at any time without being accompanied by a member of the staff. Friends and relatives are not permitted to visit during your scheduled work time.

Pranks

Malicious or destructive pranks will not be tolerated and will result in immediate dismissal from the CIT program.

County Provided Phones

All camp phones are for camp business only. Telephone numbers are listed in the camp manual. Personal cell phones may only be used during scheduled off time.

Gambling

Gambling is prohibited.

Snacks/Lunch

CITs should not share or purchase food for campers

Weapons

The possession of unauthorized weapons are prohibited on camp/County properties

CIT Reference Form (No family members please)

Name of CIT Applicant				
Please rank the applicant	on the following beha	vior:		
Ticase rank the applicant	Excellent	Very Good	Good	Poor
Judgment	Excerent	very dood	3000	1 001
Enthusiasm				
Honesty				
Initiative				
Leadership				
Dependability	-			
Thoroughness				
Patience				
Health & Vigor				
Team Player				
How long have you lead to the second of the	e you known the ap	pplicant?		
Your Name				
Address				
Phone Number (Plea	ise include area co	de)		

Please Mail to:

Ashley Brown
Facility Coordinator
SJC Recreation & Parks Department
2175 Mizell Road
St. Augustine, FL 32080-9157

Counselor-In-Training Program Letter of Comm	itment					
I,, agree to	, agree to volunteer with the St. Johns County Parks and					
Recreation Department. I declare that I am able and willing to work for the time that I have						
committed to, within the execution period of June 3, 2024 to July 26, 2024. I understand that I						
am held to the same policies and procedures as counselors. I will give advanced notice on						
absences/tardiness to the lead counselor. In the case of unexpected absences/tardiness I will						
notify the lead counselor by telephone as early as possible. I understand that if continuous						
problems occur, whether tardiness, absences, or	behavior, etc, I will be removed from the CIT					
program; therefore forfeiting all earned voluntee	er hours.					
Check the location you are interested in volunteering at:						
Davis Park Field House: 210 Davis Park Road, Ponte Vedra						
Ketterlinus Gym: 60 Orange Street, St. Augu	ustine					
Plantation Park: 3060 Racetrack Road, St. Jo	ohns					
Solomon Calhoun Center: 1300 Duval Stree	t, St. Augustine					
Trout Creek: 6795 Collier Road, Mill Creek						
I pledge to work the following days and hours:						
Monday Wednesday	Thursday Friday					
I pledge to work a minimum of six (6) full weeks of camp Please list any known dates you will not be able to volunt						
·						
By signing below, I am stating that I have read the guideli	nes and pledges and commit to abide by them.					
Signature of CIT	Signature of Parent/Guardian					
Date	Date					
CIT REGISTRATION FORM:						
Name of Participant:						
Address:						
City: State:	Zin Code•					

Home:		Parent Cell:		CIT Cell:	
Email:					
Gender:	M	F D.O.B.:	Age:_	Shirt Size:	
In case of an	emergency, a	nd I cannot be reacl	hed please contact:		
	nergency Au health concer		cions, or restrictions f	or your child:	<u>_</u>
		physician cannot be an (I		uthorize the above named child	to be
COUNTY, the undersigned and any claim named Partidirectors, off 2. THE BODILY IN County, their to the above the premises 3. THE and/or the althe County's 4. THE OF LIABIL statements of	heir directors, and/or their m or demands cipant, wheth icers, employed UNDERSIC JURY, DEA'r directors, of named Partic or facilities of E UNDERSIG bove named Partic reasonable die UNDERSIGITY AND IT inducement	, officers, employees personal represental secruing or resulting or resulting or resulting or not caused bees, agents, and indefined HEREBY ATH OR PROPERTIFICERS, employees, actionant being in, upon requipment thereory energy personal beauticipant by St. Joiscretion. NED HAS READ ANDEMNITY AGREAUTION of the foregapart from	s, agents, and indepentives, assignees, heir ing from injury to the property of the negligence are ependent contractors assumes full RY DAMAGE, DUE gents, and independent or about the premint. ERMITS the taking columns County during the and furting going written agreem	ESPONSIBILITY FOR AND TO THE NEGLIGENCE OF ent contractors or otherwise the ses of St. Johns County and/or of photographs and/or video of ecreation classes or activities to Y SIGNS THE RELEASE ANI her agrees that no oral repr	bility to the or damage of the above- ounty, their RISK OF F St. Johns e pertaining while using themselves to be used at D WAIVER resentations,
	Parent/G	Suardian Signature		Date	-
CIT Fiel	d Trip Pe	ermission Slip)		
Participants'	Names:	avtona Lagoon, Mc	ovie Theaters, BraVo	07.	
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Parents/Guardians: Please make sure that you go over the camp rules with your child/children, so that you both understand them. FAILURE TO FOLLOW THE RULES WILL RESULT IN THE LEADERS OF THE SITE TO CONTACT YOU IN ORDER TO PICK UP YOUR CHILD.

Schedule Field Trips: Daytona Lagoon, Epic Movie Theaters, BraVoz

Each participant is responsible for the following rules:

- 1. I will be respectful to all the youth and adults attending this field trip.
- 2. I will respect the property of others.
- 3. I will strive to maintain a positive attitude and keep an open mind during this field trip.

- 4. In case of an emergency, I will contact an adult leader immediately to report the incident.
- 5. I will participate in the activities that are planned.

By signing below as the parent/guardian of the above child/children, permission is hereby given for my child/children to go on the field trips scheduled by the St. Johns County Parks & Recreation Department. I understand and acknowledge that participation in the activities involves inherent risks of injury to my child including risks associated with transportation by motor vehicle. I agree to indemnify St. Johns County and/or St. Johns County School Board, its employees or any other person connected, for any costs arising out of my child's participation in the activities/field trips listed including the cost of any medical care given to my child or any expenses or fees incurred in any lawsuit arising as a result of any damage or injuries caused by my child in the course his or her participation in the field trips. Except for gross negligence on the part of the sponsor, the participant or parent/guardian accepts personal financial responsibility for any bodily or personal injury sustained during the field trips listed above.

Printed Name Parent/Guardia	un –	Date
Signature of Parent/Guardian	<u> </u>	Contact Number
2-8	_	
Emergency Contact Information		
Name	Phone Number	Relationship to Child
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Every effort will be made to contact the parent/guardian; however, in case we are unable to reach you please provide the name of an additional emergency contact.